

# HALIFAX metro



## Halifax Shopping Centre getting \$70M facelift

Development project to transform mall with 75,000 square feet of retail space, design upgrades **PAGE 5**

## Steering Bluenose II restoration back on course

Crucial milestone: Project manager shows off a newly completed hydraulic steering system **PAGE 6**

## Spike in locked-up aboriginal women: Study

Number behind bars grew a staggering 97 per cent between 2002 and 2012 **PAGE 10**

## 22 YEARS OF 22 MINUTES

METRO CATCHES UP WITH THE CBC COMEDY SERIES' ONLY ORIGINAL CAST MEMBER AHEAD OF THE SHOW'S ONE-HOUR BIRTHDAY SPECIAL (IS IT REALLY AN HOUR, THOUGH?) **PAGE 14**



## 'VERY TROUBLING'

Scott Christopher Goreham shields his face as he's escorted from the Halifax provincial courthouse by sheriffs on Tuesday afternoon. Goreham is accused of sexually assaulting an 18-year-old woman while she was sedated for surgery at the QEII hospital back in April. Story, page 4. JEFF HARPER/METRO

# Council clears up trash issue

**Solid waste bylaws.** Residents to keep putting six garbage bags at the curb, but only one can be dark



**RUTH DAVENPORT**  
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Halifax residents will have to begin using clear garbage bags in the near future, but they'll be allowed to put up to six of them on the curb every other week.

Halifax regional council made a few key changes to the city's solid waste bylaws after a public hearing Tuesday.

"This has been a good discussion and there aren't many people here that got exactly what they wanted," said Mayor Mike Savage after the more than four-hour long session.

Eleven people spoke dur-

### Paper not plastic

The proposed bylaw also bans grass clippings and boxboard from the green bin and requires the use of kraft paper bags rather than plastic.

ing the hearing, with most concerns focused on the proposed reduction in the number of bags allowed for curbside pickup.

Several people cited a staff survey of Halifax households showing 80 per cent of homes already put out four or fewer bags.

"It's discouraging that our efforts are never enough and now we have proposals that I feel are a reduction in the service we the taxpayer are being provided," said Sheldon Doyle of Rockingham.

Coun. Steve Craig argued clear bags mean there's no need to reduce the bag limit.

"We can see what's in a blue bag, we can see what's in the green bin, and there are no limits on those," he said as he tabled an amendment to maintain the bag limit at six, with one optional opaque bag. "So one would think logically that there should be no limit on clear bags, either."

Despite some fierce opposition, the amendment passed.

"This was for me a two-step process that went hand in hand, going to clear bags and going to a reduction in bags," said Coun. Barry Dalrymple. "I'm not going to agree to watering either one of them down."

Other amendments will permit the use of garbage cans without a large bag liner, and another clarified that pet waste or diapers collected in grocery store bags can only go in an opaque privacy bag.

City staff will now review the amended bylaw and bring it back to council for another reading.



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# A vote for permanent resident voting rights

**Sending a message.**  
Council endorses proposal to allow permanent residents to vote in municipal elections

Halifax regional council has voted to move ahead with giving permanent residents the right to vote in municipal elections, acknowledging it won't solve the city's demographic problems, but still sends the right message.

"This is my way of saying that I do support — for those that want to immigrate, to show them and tell them that ... we want to become a very warm and welcoming and respectful community," said Coun. Bill Karsten Tuesday afternoon.

The executive standing



A group of new Canadians get sworn in during a citizenship ceremony in Dartmouth in October.  
JEFF HARPER/METRO

committee recommended that council endorse the inclusion of permanent residents as qualified electors in municipal and school board elections, and direct city staff to work with the province to move forward.

Mayor Mike Savage, who championed the idea, noted that permanent residents pay taxes and can serve in the

armed forces.

He said extending the right to vote is one step Halifax can take toward boosting its population and economic prospects.

"This sends a message that Halifax is a welcoming community where those who choose to make their life ... are allowed to take part in all that Halifax has to offer, including

our democratic processes," he said.

Coun. Steve Adams was the only councillor to vote against the motion, saying he has been surprised by the strength of the opposition among his residents.

"Residents were very upset because their parents had to wait before they could vote.

## In numbers

3

The number of months a permanent resident must live in Halifax before being allowed to vote in municipal elections.

They had to wait before they could vote," he said. "They feel that it's only appropriate that people go through the process that is set in place."

Though the motion passed, Coun. Tim Outhit cautioned council that more needs to be done to make Halifax a welcoming and inclusive place for immigrants.

"I think it sends the right message, but I hope that people understand ... so much more than this is required if there's any hope of us turning around our economic development challenges," he said.

RUTH DAVENPORT/METRO

## Motion. Council rolls over bike licensing idea

Coun. Gloria McCluskey withdrew her motion regarding licensing cyclists, only to have a colleague resurrect it — and then have it voted down.

McCluskey told council that weekend discussions showed she didn't have the support to obtain a staff report on licences for cyclists and said she would withdraw the motion.

Coun. David Hendsbee

said he would table the motion at a future council meeting instead.

"I believe this municipality needs to study and re-evaluate its position on cycle registration or licensing," he said.

However, after Coun. Steve Adams asked council to suspend the rules and simply vote on the idea immediately, it was defeated, 14-2.

RUTH DAVENPORT/METRO

## Halifax staff to look into new Multicultural Advisory Committee

HRM is doing good work to connect with immigrants, but one regional councillor said the city needs a unifying body to help newcomers integrate into their new home.

Coun. Linda Mosher tabled a motion for a staff report on establishing a multicultural advisory committee, suggesting it would focus on integration after immigration, provide better co-ordination between several groups and

agencies that currently work with immigrants and promote multiculturalism.

"We have multiple partners and programs, and I think we need to bring it together," she said.

Some councillors questioned whether there was a need for a new committee, noting the province and Greater Halifax Partnership have several programs underway to accomplish similar goals.

Mosher said the chair of the Multicultural Association of Nova Scotia approached her to point out that there was a need to help newcomers to Halifax integrate into the community.

"We've got a gap," she said. "When you've got the Multicultural Association of Nova Scotia calling you up and saying we're paying lip service to this, I take it seriously."

RUTH DAVENPORT/METRO

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1 NEWS

## Man wanted in grocery thefts

Halifax police are asking for the public's help in identifying a man they say is responsible for stealing thousands of dollars worth of merchandise from a Dartmouth grocery store over the last six weeks.

Between Oct. 15 and Nov. 22, Halifax Regional Police officers responded to multiple thefts from the Atlantic Superstore at 650 Portland St.

According to a release, the suspect stole more than \$3,000 worth of items ran-



An image of the suspect police are seeking. HANDOUT/HALIFAX REGIONAL POLICE

ging from electronics to kitchen appliances and toys.

Police say the suspect is a white man in his 30s, five-foot-nine and 180 pounds with facial hair. His clothing was different in each incident, but he has been seen wearing a black Under Armour ball cap and a black jacket with a white lining in a few instances.

Anyone with information about this man is asked to call police at 902-490-5016, or anonymous tips can be sent to Crime Stoppers. **METRO**

### Drivers ticketed

## Another two pedestrians struck in crosswalks

Two more drivers were ticketed Tuesday, as the rash of pedestrians being hit in city crosswalks continues.

Halifax Regional Police responded to the first collision at the intersection of Artz and Brunswick streets just after 8:30 a.m.

A 75-year-old man crossing Brunswick in a marked crosswalk was hit by a car

turning left from Artz Street onto Brunswick.

Police say he suffered non-life-threatening injuries and was taken to hospital by paramedics.

Police issued the driver, a 35-year-old woman, a summary offence ticket for failing to yield to a pedestrian in a crosswalk.

The second mishap took place around 3 p.m. at the intersection of Norm Newman and Baker drives in Dartmouth.

Police say a woman in her 40s was crossing in a marked crosswalk when she was hit by a car turning left

### Failure to yield

# \$693.95

The ticket carries a fine of \$693.95 and four points on a driver's licence upon conviction.

from Norm Newman onto Baker.

Paramedics took the woman to hospital with non-life-threatening injuries.

A 54-year-old woman was issued a summary offence ticket for failing to yield to a pedestrian in a crosswalk.

**METRO**



Scott Christopher Goreham is escorted from the Halifax provincial courthouse on Tuesday afternoon. JEFF HARPER/METRO

## QEII staffer charged with violating teen

### Patient sedated.

Accused employee worked at the facility since 1999, was fired immediately after incident reported

### Quoted

**"This occurrence has been very troubling for all of us."**

Capital District Health Authority Vice President Kathy MacNeil



**HALEY RYAN**  
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Capital Health says the allegations of an employee sexually assaulting a sedated patient marks the first time they have dealt with something like this, referring to the incident as not "normal."

Halifax Regional Police charged Scott Christopher Goreham, 43, of Lower Prospect with sexual assault Tuesday in relation to an alleged incident at Queen Elizabeth II Health Sciences Centre on April 15.

Police say an 18-year-old woman was being prepared to undergo surgery when a male hospital worker allegedly saw Goreham, a patient attendant who was assisting the procedure with him, inappropriately touch the sedated victim.

"It's not something we've seen here before," said police spokesman Const. Pierre Bourdages, referring to it as a "rather unusual sexual assault."

"It's very concerning, given how completely defenceless the victim was."

Capital District Health Authority's Vice President of

People Kathy MacNeil told reporters Tuesday Goreham had been working as a patient attendant since 1999 and was suspended right after the incident was reported.

Capital Health held its own investigation, and he was dismissed with cause on April 30.

Patients are cared for in teams, MacNeil said, and there are often five or six people including doctors, nurses and an anesthetist in an operating room. She said Goreham was not alone with the patient when the alleged incident happened. It was reported to police one week later.

This is the first time CDHA has dealt with allegations of this kind, MacNeil said, and although "safeguards" and policies were in place, "this is not a normal behaviour."

"We can't protect against people who ... choose to act in a criminal way," she said.

## No other complaints of this kind

A vice-president with the Capital District Health Authority says there have been no other complaints related to a former employee accused of sexually assaulting a sedated patient.

On Tuesday, Kathy MacNeil told reporters Scott Goreham had been working at CDHA since 1999 but after an investigation and interviews with other team members at the QEII no other instances were brought up.

"No one had come for-

ward," MacNeil said. "There was not any evidence that this had occurred in other cases."

MacNeil said a sexual assault of a sedated patient has not occurred to their knowledge before, and it speaks to CDHA's commitment to patient safety that one of Goreham's fellow teammates brought the information forward.

There are processes in place where someone can report "adverse events" which are tracked, MacNeil said, and

there is a safe workplace database for investigations. She said neither of those processes showed any complaints.

Unless someone has a reason to believe there's been an injury done to them, MacNeil said the public should not be concerned that other assaults might have happened.

"This has occurred in this one case, and it would be terrible for the public to think that this is something that's going on here," she said.

**HALEY RYAN/METRO**

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# Halifax Shopping Centre getting big makeover, greater selection

**Project to finish in fall 2016.** Mall to undergo \$70M facelift



**HALEY RYAN**  
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The Halifax Shopping Centre is getting a makeover to the tune of \$70 million.

On Tuesday, the mall stated it is starting a \$70-million development project this month to transform the property with about 75,000 new square feet of retail space, a relocated food court, and design upgrades throughout the mall.

"We've been reviewing options and looking at ... where we'd like to see the direction of the Shopping Centre going," Shopping Centre spokeswoman Stephanie Schnare said Tuesday.

Schnare said the new

## Bigger and better

**"We really wanted to enhance our overall customer experience."**

Shopping Centre spokeswoman  
Stephanie Schnare

30,000-square-foot food court will be moved to the bottom floor of the west lot where Fairlanes Bowling once was, and have a new glass entrance and 1,000-square-foot open-air patio.

A release said the court will have a "wider selection" of food vendors, natural-gas fire-place, and soft seating. Plans include a nursing lounge and new washrooms near the food court.

The redevelopment also converts one of the office towers to more than 45,000 square feet of two-level retail space for new brands, Schnare



Customers walking into the Halifax Shopping Centre on Tuesday. JEFF HARPER/METRO

said, and the hallway, where Apple and Payless are now, will feature a huge skylight

reaching up one more floor.

"It will almost simulate shopping on a street front,"

Schnare said.

Schnare said although they want to continue the

"momentum" of bringing in popular stores like Victoria's Secret, Apple and Coach, they are focused on getting all types of retail with "any price point."

The "overall structure" of the mall will remain the same, Schnare said, but there will be "new access" to converted areas where shoppers haven't been able to go before, like the office tower.

The property manager, 20 VIC Management Inc., has hired MMC International Architects, GH+A Interior Design and EllisDon Atlantic Contractors for the project.

Construction on the exterior of the mall begins this December, but Schnare said shoppers won't see much work done inside during the holiday season.

Changes to the food court will happen in 2015, and the project is expected to finish in the fall of 2016.

## Attempted murder charges in Cole Harbour shooting

Four teens arrested in Sunday's shooting inside a Cole Harbour home now face a slew of charges including attempted murder, robbery and break-and-enter to commit an offence.

On Sunday around 7 p.m., RCMP officers with assistance from Halifax Regional Police responded to a shooting at 52 Arklow Dr.

They said four male teens wearing bandanas forced themselves into the home and opened fire. Three victims, a 17-year-old boy, an 18-year-old man and a 17-year-old girl, were taken to hospital, two with serious injuries. They remain in hospital.

RCMP say after the shootings, the suspects ran down connecting pathways in the Arklow and Merrimac area towards a waiting red Honda Civic that has since been seized.

An 18-year-old man and a 17-year-old boy were arrested Sunday night; two other male 17-year-olds were arrested just after noon on Monday.

Merkel Jason Downey of Cole Harbour, 18, appeared in Dartmouth provincial court Tuesday and faces nearly



Police on Arklow Drive the night of the shooting. PAUL DARROW/FOR METRO

## More charges

Police say two of the three youths also face charges of failing to comply with an undertaking for violating existing court orders for unrelated charges.

20 charges, including three counts of attempted murder, two counts of robbery, three counts of pointing a firearm,

and one count each of carrying a concealed weapon, possessing a firearm obtained by crime, break-and-enter to commit an indictable offence and three counts of breaching an undertaking.

The three 17-year-old youths have appeared in Halifax youth court and face the same charges, as well as possessing a loaded restricted firearm and disguise with intent.

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# Bluenose II restoration is back on course, steering woes solved

**Set for sea trials in May.** Completion of hydraulic steering system a major milestone for over-budget project

The delayed and over-budget Bluenose II restoration project reached a crucial milestone Tuesday when a project manager showed off a newly completed hydraulic steering system that had been the source of many woes.

The original restoration plans called for a wooden rudder, like that of the first Bluenose, but safety regulators at the American Bureau of Shipping later called for upgrades that led to design changes, including installation of a heavier steel rudder.

Consultant Wilson Fitt was called in to fix the steering in June after it was revealed the schooner's three-tonne rudder was too heavy to turn manually.

"The loads in the new rudder system were just too great to allow anybody other than Hercules and his first cousin to make this steering gear work," he said.

Fitt demonstrated the ship's custom, power-assisted steering as the Bluenose II was moored at the waterfront in Lunenburg, not far from where the ship underwent a major rebuild that started in 2009.

"It works exactly as it is intended to work," he said, spinning the ship's wheel. "(But) it was a real challenge."

Fitt, the head of Costello Fitt Ltd., said that except for some cosmetic woodwork, the steering system has been completed and the province's sailing ambassador should be ready for sea trials in May — three years behind its original schedule.

He declined to comment on how much it cost to build the new system or what the final cost for the restoration will be.

Earlier this year, govern-

## Who is she?

The 43-metre Bluenose II, launched in 1963, is a replica of the original Bluenose, the 1921 Grand Banks fishing schooner that won worldwide acclaim for its graceful lines and speed.

ment officials confirmed the project is \$5 million over budget, with total costs expected to top \$19 million.

As for safety, naval architect Iain Tulloch said the steel rudder is a major improvement over the original design, which was prone to damage.

Tulloch said that if the ship's electrical system fails, the 300-tonne vessel can still be steered with little effort because a manual hydraulic pump has been installed to handle the load.

"This is much stronger, with more backup systems than a wooden rudder ever had," Tulloch said.

THE CANADIAN PRESS



Consultant Wilson Fitt displays the modified steering assembly on Bluenose II in Lunenburg on Tuesday.

ANDREW VAUGHAN/THE CANADIAN PRESS

## New Digby ferry coming to Halifax for engine work



The Digby ferry. DIGBY COURIER

The new Digby-Saint John ferry has made it across the ocean and is now safely in Saint John.

The ferry formerly known as Blue Star Ithaki, temporarily labelled Canada2014, left the Azores Nov. 25 and arrived in the New Brunswick port at 9:30 a.m. on Tuesday.

Crews in Saint John are removing protective window

coverings and a bow cover used during the ocean crossing.

Don Cormier, vice-president of operations at Bay Ferries, says they are also doing work to verify the fit between the docks and the vessel's ramps.

He said some cropping work is being done to the ramps as well.

Depending on how quickly

that work is finished, the new ferry could be in Digby either Wednesday or Thursday to carry out similar verification and work.

After Digby, the new ferry will head to Halifax for a 72,000-hour engine overhaul and conversion from heavy fuel to marine diesel oil.

The engine overhaul will

be completed by the original equipment manufacturer and the modification work will be subject to a future tendering process.

The Canadian government paid approximately \$44.6 million for the 14-year-old ferry, which had been operating on a service between Greek islands.

DIGBY COURIER

## On schedule

Transport Canada says they are still on schedule to have the new ferry replace the Princess of Acadia on the Digby-Saint John run some time in 2015.



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# Police still searching home for evidence in Miller homicide

**Lawrencetown.** Police spokesman says it may yet be 'days, weeks or months' to ID remains



**PHILIP  
CROUCHER**  
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A week later, and investigators remained Tuesday at a home in Lawrencetown in relation to the Catie Miller murder case.

Halifax Regional Police spokesman Const. Pierre Bourdages didn't have a time frame for when things might wrap up at the home on Horseshoe Turn, one of four locations police investigated starting on Nov. 26.

The other locations — which police have all left — were in Port Dufferin and Goffs and at another home in Lawrencetown.



**Kelly Amanda MacDonald, one of two people accused of first-degree murder in the killing of Catie Miller, inset, leaves Dartmouth provincial court on Thursday. JEFF HARPER/METRO; INSET: CONTRIBUTED**

"We have not completed our work there," he said of Horseshoe Turn. When asked specifically

what they were still looking for, Bourdages said: "Any evidence that may be related to the case."

Miller went missing on July 15, and it's believed she was killed that same day. Jason James Johnson and

Kelly Amanda MacDonald have been charged with first-degree murder and indecently interfering with human remains,

while George Edward Hubley has been charged with being an accessory after the fact and indecently interfering with human remains.

Court documents outline allegations that Johnson and MacDonald murdered Miller somewhere near Halifax, and that a third suspect, Hubley, assisted the pair with disposing of her remains and other evidence near Sheet Harbour Passage.

When asked if more charges could be laid in the case, Bourdages would only say "the investigation is ongoing."

Human remains were found last week at one of the four locations, but it hasn't been determined whether they are Miller's. Bourdages said that process can take time.

"I don't have an estimate on whether it will be days, weeks or months," he said.

All three accused are due back in court on Feb. 3.

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## NSGEU members protest passing of Bill 1

Members of the NSGEU protest on Tuesday outside of Halifax Citadel-Sable Island MLA Labi Kousoulis' office. The protest is over the passing of Bill 1, which reduces the number of bargaining units for health care from 50 to four. JEFF HARPER/METRO

# Alleged fraudster's bail hearing delayed again

**Quintin Sponagle.**  
Man extradited and returned to Nova Scotia last week

Dressed for a sunny, wintry day in a sweater, button-down shirt, sunglasses and jeans, alleged fraudster Quintin Sponagle was back in court Tuesday, but his bail hearing didn't take place as scheduled.

The 50-year-old man, who operated Windsor-based in-

vestment firm Jabez Financial Services, was extradited from Panama last week to face charges of defrauding investors of more than \$4 million between Dec. 1, 2005 and Sept. 30, 2006. Investigators claim Sponagle operated a Ponzi scheme, which defrauded more than 170 victims.

After being returned to Nova Scotia, Sponagle made an initial court appearance Nov. 28 in Windsor court, where the bail hearing was set over until Tuesday.

Kentville lawyer Chris

### Timeline

Quintin Sponagle fled to the Republic of Panama in 2006. He was charged in 2011 with three counts of fraud over \$5,000 and one count of theft over \$5,000. He was arrested in Central America in 2013, but fought the extradition order.

Manning was in court to represent Sponagle, but only until the accused's preferred counsel could be arranged. Manning requested the hear-

ing be delayed until that time.

Judge Alan Tufts and Crown prosecutor Rick Hartlen agreed the case would be heard Friday in Kentville court at 9 a.m.

Usually the onus at a bail, or show-cause, hearing is on the Crown to prove there is cause to keep the accused in custody. However, Hartlen told Tufts the hearing would be "reverse onus."

The Nova Scotia Securities Commission started investigating Jabez Financial, based on complaints from investors in 2006. HANTS JOURNAL

## Officer hit with truck. Suspect remains in jail

A young man accused of hitting an RCMP officer with his truck in Windsor last summer will be staying in jail for at least two more weeks.

Cody Andrew Prudhomme appeared in Windsor provincial court on Tuesday to have revoked the conditions of his original release on the charges of assault with a weapon, failing to stop for police, resisting arrest and dangerous driving.

He had been released after an earlier court appearance, but was then arrested in Halifax Regional Municipality Oct. 30 for allegedly uttering threats.

The charge violated his earlier release conditions and the 19-year-old was remanded into custody where he has remained.

On the metro charges, Prudhomme is scheduled to be in mental health court



Cody Prudhomme on Oct. 7  
HANTS JOURNAL

Dec. 11 in the city and then in Dartmouth provincial court Dec. 12 for a bail hearing.

On the Hants County charges, Prudhomme is scheduled for a bail hearing Dec. 15 in Windsor court.

HANTS JOURNAL

## Sydney. Stabbing victim drives himself to hospital

A man is recovering from serious injuries following a suspected knife attack in Sydney Monday.

Members of the Cape Breton Regional Police were at the Cape Breton Regional Hospital on an unrelated matter Monday when they learned that a 79-year-old man had entered the hospital with serious life-threatening wounds from a suspected knife attack.

The man had driven to the hospital in his own vehicle.

It is believed that the man entered into a local rental property business located at 105 Bentineck St. in Sydney and was attacked, sustaining serious injuries.

The male suspect fled with items from the business.

It is believed the victim may require follow-up medical treatment in Halifax.

CAPE BRETON POST

2014  
BETWEEN:

SUPREME COURT OF NOVA SCOTIA  
THE TORONTO-DOMINION BANK  
- and -  
JASON WILLIAM CAMPBELL AND KERRY LYNN CAMPBELL

Hfx No. 426440  
PLAINTIFF  
DEFENDANTS

NOTICE OF PUBLIC AUCTION

TO BE SOLD AT PUBLIC AUCTION pursuant to an Order for Foreclosure, Sale and Possession granted by the Court, unless before the time of sale the amount due to the plaintiff on the mortgage foreclosed, plus costs to be taxed, are paid:

PROPERTY:

ALL that certain lot, piece of parcel of land situate, lying and being in Halifax County, Nova Scotia, and known as Civic No. 2677 Gladstone Street, Suite 505, Unit 1, Level 5 Road, Halifax, Nova Scotia, property identification number 41261462 and described in a Mortgage dated June 17, 2010 and registered at the Halifax County Land Registration Office as Document No. 96229597.

TOGETHER WITH an easement/right of way as described in Document No. 87804283.  
TOGETHER WITH an easement/right of way as described in Document No. 88924197.  
TOGETHER WITH a common interest apartment thereto as described in Document No. 89185277.  
SUBJECT TO an easement/right of way as described in Document No. 89777552.  
SUBJECT TO an easement/right of way as described in Document No. 87804283.  
SUBJECT TO an easement/right of way as described in Document No. 87372810.  
SUBJECT TO an easement/right of way as described in Document No. 87913043.  
SUBJECT TO the declaration and bylaws of HCCC No. 293 as described in Document No. 89185277.  
SUBJECT TO a License as described in Document No. 89768411.

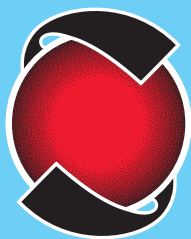
This property has been migrated pursuant to the *Land Registration Act*.

A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Sheriff's office and may be inspected during business hours.

Date of Sale: Wednesday, January 14, 2015  
Time of Sale: 12:30 p.m.  
Place of Sale: The Law Courts - Halifax Justice Centre, 1815 Upper Water Street, Halifax, Nova Scotia  
Terms: 10% deposit (payable by cash, certified cheque or Solicitor's trust cheque) at the time of sale, remainder within 15 days upon delivery of deed.  
DATED at Halifax, Nova Scotia, the 14 day of January, 2015.

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Halifax, Nova Scotia B3J 2X6

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## A new day for Toronto

Toronto's new mayor, John Tory, reacts after receiving his chain of office during an inauguration ceremony in Toronto on Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

# Increase in aboriginal women jailed: Study

## Over-representation.

Number of aboriginal women behind bars in federal institutions grew 97 per cent from 2002 to 2012, study shows

Emily, an alcohol-addicted young Inuit woman racked by painful memories of sexual abuse, went to jail for manslaughter in 2009 — joining what a newly released report calls one of the fastest-growing segments of Canada's prison population.

The number of aboriginal women who were locked behind bars in federal institutions grew a staggering 97 per cent between 2002 and 2012, the study by the federal Justice Department concluded.

By comparison, the number of aboriginal men increased by a comparatively small 34 per cent during that time.

## Findings

The study also sheds light on the crimes that landed the aboriginal women covered by the study behind bars.

- Two out of every three aboriginal women were put into federal custody for violent crimes.

"Aboriginal women are particularly over-represented as offenders in female institutions and correctional services," said the 2013 report, obtained by The Canadian Press under the Access to Information Act.

"This representation has been growing in recent years and at a faster rate than aboriginal male offenders."

The focus of the study is female aboriginal offenders — a group largely neglected by other research, the study concedes.

"The over-representation of aboriginal people in the Can-

adian criminal justice system has been acknowledged as one of the most challenging aspects facing the justice system today," it said. "However, much of the attention to this over-representation has been focused on aboriginal people as a whole, without giving appropriate attention to the unique situation of aboriginal women as offenders."

The report found common threads among aboriginal women in the criminal justice system. They tended to be slightly younger than non-aboriginal women, had less education and struggled to find work. Substance abuse was also rife among female aboriginal prisoners.

The study found aboriginals represent 34 per cent of all female and 22 per cent of all male prisoners in federal institutions. The numbers were slightly higher for both aboriginal men and women in provincial and territorial facilities.

THE CANADIAN PRESS

## Haiti and Zimbabwe

## Canada to resume deportations of 3,500 people

Canada will soon resume the deportations of roughly 3,500 people to Haiti and Zimbabwe, countries critics say are still struggling with the aftermath of natural and man-made disasters.

Immigration Minister Chris Alexander and Public Safety Minister Steven Blaney said the temporary suspension of deportations to both countries has been lifted and migrants from Haiti and Zimbabwe can face removal after six months if they remain without legal status.

The decision leaves only three countries — Afghanistan, Democratic Republic of Congo and Iraq — on Canada's

removal moratorium list.

In justifying the decision, Blaney said Canada is simply following the steps of its "allies" after a thorough review of country conditions.

Advocates for refugees were shocked by Ottawa's decision, citing reports by the federal government itself and international aid groups that found little progress in those countries.

TORSTAR NEWS SERVICE



# Possible wife, son of ISIL leader detained

**Lebanon.** If their identities are confirmed, officials may use the pair as bargaining chips

Lebanese authorities detained a woman and young boy believed to be the wife and son of reclusive Islamic State group leader Abu Bakr al-Baghdadi, and were questioning the woman and conducting DNA tests on the child, senior Lebanese officials said Tuesday.

If their identities are confirmed, Lebanon may use the pair as bargaining chips to win the release of soldiers and police taken hostage by the extremists in cross-border attacks earlier this year.

The woman, identified as an Iraqi, and child were taken into custody 10 days ago while carrying fake ID, officials said.

Very little is known about



This image purports to show the leader of the Islamic State group Abu Bakr al-Baghdadi delivering a sermon at a mosque in Iraq.

MILITANT VIDEO/THE ASSOCIATED PRESS FILE

itant websites cast doubt on the reports.

Adding to the confusion, the Lebanese army did not release an official statement regarding the pair.

A Lebanese military official identified the woman as Saja al-Dulaimi who was held by Syrian authorities and freed in a prisoner exchange with the Nusra Front, Syria's al-Qaida-linked branch, earlier this year. The official said the woman "confessed during interrogation" that she was al-Baghdadi's wife.

The officials spoke on condition of anonymity in line with regulations.

In March, the Nusra Front freed more than a dozen Greek Orthodox nuns in exchange for the release of dozens of female prisoners by the Syrian government. A woman named Saja al-Dulaimi was reportedly on the list of prisoners freed by Damascus. **THE ASSOCIATED PRESS**

al-Baghdadi's personal life, including how many wives and children he has. Conservative interpretations of Islam allow men to marry up to four wives. The Islamic State group did not immediately comment on the detentions, but the faction's supporters on Twitter and mil-

## Earth's changes

### 4.9 trillion tons of ice lost since '92

In the more than two decades since world leaders first got together to try to solve global warming, life on Earth has changed, not just the climate. It's gotten hotter, more polluted with heat-trapping gases, more crowded and just downright wilder.

The numbers are stark. Carbon dioxide emissions: up 60 per cent. Global temperature: up six-tenths of a degree. Population: up 1.7 billion people. Sea level: up three inches. U.S. extreme weather: up 30 per cent. Ice sheets in Greenland and Antarctica: down 4.9 trillion tons of ice.

"Simply put, we are rapidly remaking the planet and beginning to suffer the consequences," says Michael Oppenheimer, professor of geosciences and international affairs at Princeton University.

Diplomats from more than 190 nations opened talks Monday at a United Nations global warming conference in Lima, Peru, to pave the way for an international treaty they hope to forge next year.

**THE ASSOCIATED PRESS**

## Ferguson rioting

### Police investigate Michael Brown's stepfather

Police are investigating Michael Brown's stepfather for angry comments made to a Ferguson crowd after a grand jury decided not to indict the police officer who fatally shot his stepson.

St. Louis County Police spokesman Brian Schellman said Tuesday that police want to talk to Louis Head about his comments as part of a broader investigation into arson, vandalism and looting that followed the Nov. 24 grand jury announcement. Twelve commercial buildings were destroyed by fire.

Widely-circulated video showed Brown's mother, Lesley McSpadden, on top of a car and breaking down as the announcement blares on a stereo. Head, her husband, comforts her then repeatedly yells angry comments, including "Burn this bitch down!"

Family attorney Benjamin Crump has called the reaction "raw emotion," but "completely inappropriate."

**THE ASSOCIATED PRESS**



## UN to suspend aid to Syrian refugees

Syrian refugee children sit near a tent at the entrance of their refugee camp as they wait to attend an activity in the eastern Lebanese town of Al-Faour near the border with Syria, Lebanon, Tuesday. Syrian refugees in Lebanon reacted with panic Tuesday to news that the UN was suspending aid to 1.7 million refugees due to lack of funds — a decision officials said threatens to starve thousands of families and add pressure on already strained hosting countries. **HUSSEIN MALLA/THE ASSOCIATED PRESS**

# Israeli government crumbles as Netanyahu fires ministers

Israel's divided government fell apart Tuesday as Prime Minister Benjamin Netanyahu fired two rebellious Cabinet ministers and called for a new election more than two years ahead of schedule.

Netanyahu's announcement plunges the country into a bitter campaign that seemed unlikely just a few days earlier. The election, expected to be

held early next year, would come at a time of growing violence between Palestinians and Jews and deepening despair over the prospects for peace.

In a nationally televised address, Netanyahu said he had ordered the dismissals of Finance Minister Yair Lapid and Justice Minister Tzipi Livni. The pair, who head separate

centrist parties, had emerged as his leading critics.

Netanyahu accused the two of trying to stage a "putsch," saying he could "not tolerate opposition from within the government." He said he would present legislation in parliament to dissolve the government and to hold elections "as soon as possible."

**THE ASSOCIATED PRESS**

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# Ground beef recall in Western Canada

**Worries.** While there are concerns over E. coli there have been no reported illnesses, said the food inspection agency

Federal health officials are recalling packages of ground beef produced by food giant Cargill due to concerns about E. coli.

The Canadian Food Inspection Agency said Tuesday there have been no reported illnesses related to the recalled products, but advised people to throw out or return packages to the store where they were bought.

The meat carries the Your Fresh Market brand name and was sold at Walmart stores in Alberta, British Columbia, Manitoba and Saskatchewan.

The extra lean ground

2012

The largest beef recall in Canadian history involved 4,000 tonnes of beef — some 1,800 products — that were pulled from the North American market in 2012. XL Foods Inc. operated the meat-packing plant in Brooks, Alta., that was linked to the E. coli 0157 outbreak. Eighteen people fell ill.

beef sirloin, extra lean ground beef, medium ground beef and lean ground beef was sold in 475-gram, 900-gram and 1.6-kilogram packages. All carry a best-before date of either Nov. 28 or 29.

Cargill spokeswoman Connie Tamoto said E. coli 0157 was found in a random sample of ground beef that had been packaged at a Calgary case-ready facility on

Nov. 19. She did not know which slaughterhouse the beef came from.

Winnipeg-based Cargill Meat Solutions has two processing plants in Canada: One in High River, Alta., and the other in Guelph, Ont.

"Obviously food safety is critical to us," said Tamoto. "We're doing everything we can to work with the CFIA and Health Canada to make sure they have everything they need as they continue to investigate the situation."

She said the recall involves about 14,000 kilograms, or 14 tonnes, of ground beef.

The CFIA warns that food contaminated with E. coli 0157 may not look or smell spoiled but can still make you sick. Symptoms can include nausea, vomiting, mild to severe abdominal cramps and watery to bloody diarrhea.

THE CANADIAN PRESS



## Giving people a voice

British theoretical physicist Prof. Stephen Hawking speaks to members of the media on Tuesday at a news conference in London. The system that helps Stephen Hawking communicate with the outside world will be made available online from January in a move that could help millions of motor neurone disease sufferers, scientists said Tuesday. The wheelchair-bound theoretical physicist, who shot to international fame in the 1980s with his book *A Brief History of Time*, hailed the decision by US tech giant Intel at a news conference in London. JUSTIN TALLIS/AFP/GETTY IMAGES

Grew 45% from 2012

## Canada's clean energy sector up

Canadian investments in clean energy totalled \$6.5 billion last year, a 45 per cent increase from 2012, according to a new study released Tuesday.

More than half the Canadian investment — \$3.6 billion — went into wind power, with another \$2.5 billion invested in the solar sector, says Clean Energy Canada, an advocacy and research organization.

THE CANADIAN PRESS

75% using e-records

## Doctors embrace electronic records

The majority of Canadian doctors are now using electronic medical records to run their practices, a survey has found.

The 2014 National Physician Survey shows 75 per cent of doctors across the country report using electronic records to enter or retrieve clinical patient notes on a laptop or desktop computer, triple the percentage that had gone digital in 2007.

THE CANADIAN PRESS

Market Minute

**DOLLAR**  
87.77¢ (-0.51¢)

**TSX**  
14,620.07 (-5.25)

**OIL**  
\$66.88 US (-\$2.12)

**GOLD**  
\$1,199.40 US (-\$18.70)

**Natural gas:** \$3.87 US (-\$0.14)  
**Dow Jones:** 17,879.55 (+102.75)

## Freight service getting worse: Survey

Freight service on North American railways has deteriorated significantly in the past year, according to an annual RBC Capital Markets survey of railway customers.

More than three-quarters of shippers surveyed labelled service as fair or poor, compared with 32 per

cent who gave the railways such a grade last year.

Analyst Walter Spracklin attributed the widespread dissatisfaction to the impact of congestion and severe weather on deliveries last winter.

"We consider the decline in customer satisfaction to be a temporary sentiment

shift caused by unforeseen factors that were largely out of carriers' control," he wrote in a report Tuesday.

Spracklin said the poor grade shouldn't hurt the railways' stock price because of the strong price and volume outlook by shippers for 2015.

THE CANADIAN PRESS

## World. Economies down in countries hit hard by Ebola

The international response to Ebola is still too slow and piecemeal, Doctors Without Borders warned Tuesday, as officials said the disease is crippling the economies of the three West African countries hardest hit.

The vast majority of Ebola infections are in Guinea, Liberia and Sierra Leone, poor countries that have been left to handle the crisis without sufficient help, said Doctors Without Borders.

In response to the crisis,

the World Bank lowered growth projections again on Tuesday for the hardest-hit countries.

Guinea's economy will grow just 0.5 per cent this year, down from an expected 4.5 per cent before the crisis, the bank said. Sierra Leone is expected to register four per cent economic growth, down from a pre-crisis expectation of 11.3 per cent, while Liberia will see 2.2 per cent growth, down from 5.9 per cent.

THE ASSOCIATED PRESS



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2014  
BETWEEN:

SUPREME COURT OF NOVA SCOTIA  
Laurentian Bank of Canada, a chartered bank  
- and -  
Randolph Wyatt and Lucienne Wyatt  
NOTICE OF PUBLIC AUCTION

Hfx No. 426943  
PLAINTIFF  
DEFENDANTS

To be sold at Public Auction under an order for foreclosure, sale and possession unless before the time of sale the amount due to the applicant on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY:  
All that certain parcel of land known as 51 Eagle Point Drive, Windsor Junction, Nova Scotia, B2T 1K1, as PID no. 40015547 and more fully described in the Mortgage recorded at the Halifax County Registry of Deeds on February 15, 2011 as document no. 97772504. The property has been migrated pursuant to the *Land Registration Act*.  
A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours.

Date of Sale: December 10, 2014.  
Time of Sale: 12:30 p.m. local time.  
Place of Sale: Halifax Law Courts, Conference Room 3, 1815 Upper Water Street, Halifax, Nova Scotia, B3J 1S7  
Terms: Ten per cent (10%) deposit payable by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signed at Halifax, Nova Scotia, this 10th day of November, 2014.

Scott A Pickup  
Stewart McKelvey  
900-1959 Upper Water Street  
Halifax, NS B3J 2X2

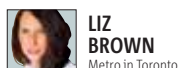
Sheriff for Halifax County



## VOICES

# DON'T MAKE IT A CAREER-LIMITING XMAS

With stories of serious workplace harassment in the news, some offices are putting a chill on holiday party flirting and other shenanigans. But while you may perceive your actions as harmless fun, HR might see it differently, writes Metro's Liz Brown



LIZ BROWN

Metro in Toronto

'Tis the season for the workplace Christmas party.

Apparently, it's also the season for friendly reminders from your boss not to be a creep at the office celebration.

Recently, Canadian employment law firm Levitt and Grosman LLP sent a note to its workers about expected party etiquette, noting: "you probably aren't in the same league as Jian Ghomeshi when it comes to bad behaviour in the workplace, but you still need to keep yourself in check at the company holiday party or you could end up fired with cause."

With liquid courage fuelled by rum and eggnog, the Christmas party may seem the perfect moment to make your move on that office cutie you've been eyeing at the photocopier.

But flirtatious overtures may not be perceived as merry and bright in the eyes of the receiver, your employer or your co-workers.

We are all confident we know where "the line" is and many of us have been tempted to do a little festive flirting with a fine work friend. But any office celebration is really just an extension of the boardroom — not a singles soiree.

So don't say or do anything under the mistletoe that you wouldn't dare do under the glare of the fluorescent office lights.

We should remember that a party faux pas can fell even those who are experts in workplace harassment issues.

Case in point: A Toronto lawyer who specializes in labour and employment law who was accused of busting a few too



What not to do at the office holiday party. DAVID VAN DYKE/METRO PHOTO ILLUSTRATION

### What she said

Comedian Phyllis Diller once said: "What I don't like about office Christmas parties is looking for a job the next day." You don't want to be repeating that line this month.

many moves with a female associate at a booze-filled work function.

In 2009, Toronto lawyer David Cowling, a former Mathews, Dinsdale & Clark partner, allegedly got a little too handsy on the dance floor.

Following the party, two associates complained to other partners about his behaviour and Cowling launched a \$2.3 million defamation lawsuit against them in 2010.

Cowling eventually dropped the lawsuit, left the firm — as did the other two lawyers — and cleared his name with a settlement and public statement.

But that one night of booze-fuelled fun left him with more than a hangover headache.

This little anecdote is one to keep in mind as your own party approaches. What you perceive as flirtatious fun can be downright creepy to your co-workers.

Comedian Phyllis Diller once said: "What I don't like about office Christmas parties is looking for a job the next day."

You don't want to be repeating that line this month.

So ease up on the booze, keep your hands to yourself, and remember, there's a reason you became an accountant and not a backup dancer for J.Lo.

# I know I'm not the only one avoiding the malls this year



IRENE KUAN

Metro Online

If you're a retailer that's yet to open a virtual store, then you better get online, because the Christmas hordes are coming — just not on foot.

One third of Canadians plan to turn to the Internet to do most of their holiday shopping this year, according to a series of polls conducted by MasterCard, Ipsos Reid and Google. And I'm one of those shoppers.

I love shopping, but this holiday season, I can confidently say I will not be visiting any shopping malls. The only way I will be buying my gifts is online.

The trend of people shopping from the comfort of their own homes rather than going into stores has contributed to a drop in Black Friday retail sales in the U.S. for two consecutive years, according to the National Retail Federation.

I don't think I'm alone when I say I've always hated braving the crowds, not to mention dealing with grumpy and exhausted sales people. Plus, some of the online incentives offered by retailers are hard to pass up, such as exclusive deals not available in-store.

I'm not being a Scrooge, in case any of you think the maddening rush at the mall is part of getting into the holiday spirit. Online shopping for me isn't just about avoiding the mall. It's about the convenience of that one-stop

shop that saves me time, and the border-free access to purchase hard-to-find gifts that I probably can't even get at any store in my city.

So far this month, I've purchased gifts from the U.S. and New Zealand, which are expected to arrive in five to 10 days, all without leaving my condo.

Retailers that have yet to jump online are facing some tough competition, not only because of their physical limitations, but because virtual stores are offering perks that are similar or better, like free worldwide shipping, free returns and free gift-wrapping, as well as samples at checkout. Most deals in stores can also be found online, and brick-and-mortar retailers know this. Toronto's Yorkdale Mall even offered the first 100 customers to arrive at their

### Guilt-free shopping

If you feel guilty about all those seasonal-sales people who will be out of the job this Christmas — don't be. Amazon said it plans to hire 80,000 workers to fill its warehouse during the busy holiday season.

door on Black Friday a \$50 gift card. Meanwhile Amazon rolled out deals every 10 minutes on Cyber Monday. How can stores compete?

So if you're still a web-shy retailer, take note: If you get tech-savvy, I — along with those other one third of Canadians — could be enticed back to you.



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# This Hour has 22 years

**TV Special.** As CBC's satirical series turns 22, Cathy Jones, the show's only original member, shares the sketches she loves best

**MARK BRESLIN**  
scene@metronews.ca

This year marks the 22nd season of *This Hour Has 22 Minutes*, the satirical sketch show on CBC that's Canada's version of *Saturday Night Live*.

The show may not be live, but it certainly is lively, with comedians like Mary Walsh, Shaun Majumder, Rick Mercer, Gavin Crawford and Colin Mochrie skewering our sacred cows over the past two decades.

No one represents the talented cast more than Cathy Jones, who is the only original actor still with the show.

With an hour-long 22 Minute special airing next Tuesday at 8 p.m., and a *This Hour has 22 Years* — Live in Toronto event on Thursday, we sat down with Jones to discuss her favourite moments from the show's two decades plus two years:

## Greg Toomey's Playboy Grotto

"I was a dimwit bunny from Newfoundland, and he's interviewing me, and I got to wear these ridiculously huge breasts ... Those sketches were so much fun to do!"

## Mrs. Enid and Mrs. Eulalia

"When Mary Walsh and I would do these two old ladies, we'd get so close to each other — we were like

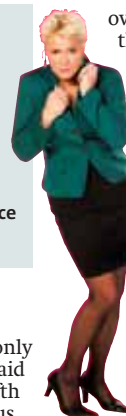


Cathy Jones, second from right, and the *This Hour Has 22 Minutes* cast. RILEY SMITH

## Keeping up with the Jones

When congratulated on her 22 Minutes longevity, Cathy Jones is quick to remind she was also on the show's predecessor, *Codco*, for six years, meaning she's been on the air continuously for a staggering 28 years.

She says the secret to the show's success — in addition to the acting and writing — is that it is shot in Halifax, geographically removed from network politics and at a safe distance to allow it to flourish.



over-the-top and had the feeling of something totally unstoppable and crazy. One time Mary had to wear a dog cone around her neck. We couldn't stop laughing!"

## Angry Yoga

"I've always been the one in the troupe that likes to deal with 'groovy'

Cathy Jones RILEY SMITH

ideas and this was a sketch that played right into my interests. The premise has me as a yoga teacher that keeps getting angrier and angrier, which conflicts with the 'grooviness' of the character. Lots of YouTube hits on this one."

## Ida Smithe-Bishop

"I did this one with the fabulous Gavin Crawford. We played a couple of Brits with ridiculous accents and extreme dental prosthetics. Gavin was just so great to work with."

## Miniseries

## First look at A.D., The Bible sequel

NBC has shared the first trailer for *A.D. The Bible* sequel. The new miniseries hails from the creators of *The Bible* and is a followup to the hit miniseries. Picking up where *The Bible* left off, the new miniseries will explore the impact of Jesus' death and resurrection on his disciples and on political and religious leaders. The first episode will premiere on April 5, Easter Sunday. AFP

two magnets that would repel and attract each other. Doing those sketches got me so close to Mary and it seemed to be everybody's favourite sketch."

## The Quinlan Quints

"... And, there were only four of us! No one ever said what happened to the fifth sibling! They were raucous,



Kevin Spacey as Francis Underwood in *House of Cards*. CONTRIBUTED

## TV drama. House of Cards returns end of February

The third season of award-winning political drama *House of Cards* is to debut on Feb. 27, Netflix announced Monday.

"A special message from the White House," announced a short video posted on the show's Twitter and Facebook pages, giving the date.

The clip shows scheming politico Francis Underwood, played by Kevin Spacey, boarding what looks like a presidential aircraft with his ever-loyal wife Claire (Robin Wright).

Earlier this year, Netflix ordered a third season after *House of Cards* collected nine Emmy nominations, the first ever for an Internet-delivered series, and won Wright a best-actress Golden Globe.

Season 2 of the show found Underwood assuming the vice presidency, having ruthlessly undercut rivals and even murdered someone in a protracted act of revenge after being denied the promised post of secretary of state. AFP





Christian Bale ALL PHOTOS: GETTY IMAGES

## Christian Bale sure knows how to burn big-time show-biz bridges

Christian Bale is a big fan of privacy and not a big fan of tabloids. But you know what he's also not a big fan of? Fellow celebrities complaining about privacy and the tabloids.

Bale tells the Wall Street Journal that George Clooney — who Bale concedes is “a movie star” — needs to pipe down when it comes to the invasive press. “It’s boring, isn’t it? You know what I mean?” Bale says. “It doesn’t matter that he talks about it. It’s like, come on, guys, just

shut up. Just get on with it and live your lives and stop whining about it. I prefer not to whine about it.” Duly noted.

Oh, and don’t expect him to re-team with Terminator Salvation director McG again anytime soon. “There’s a lot of room for many approaches and many characters within the film industry,” Bale says. “I won’t be working with him again, but I wish him very well. OK?” And that is what Bale being diplomatic sounds like.



Reese Witherspoon

## Don’t lay any sweetheart lines on Reese — she’s just not having it

Guys, seriously. Cut it out. Reese Witherspoon is totally not America’s sweetheart. “I certainly don’t self-identify as anyone’s sweetheart,” she tells

Glamour. “I’m friendly, but I don’t think I’m sweet. I’m honest.” Yeah, but come on. That’s totally something America’s sweetheart would say.

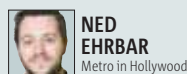
# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Scarlett’s secret wedding no secret anymore



Avengers star Scarlett Johansson managed to pull off the ultimate celebrity achievement: the secret wedding. She and Romain Dauriac reportedly tied the knot Oct. 1 in Philipsburg, Mont., less than a month

after the birth of their daughter — and no one in the press caught on, according to Page Six.

“They kept the wedding a big secret because they both wanted privacy,” says a source with a firm grasp of the obvious. Johansson started introducing Dauriac as “my husband” at the Gotham Awards earlier this week, and Dauriac was spotted wearing a wedding ring in early October and Johansson had one on in public last month. So really, this one’s on us for not catching it earlier.



Lauren Graham

## Graham’s new comedy gives late-night talk show bastion a shot of estrogen

The late night talk show host circuit is still an exclusively white male club, but we can at least pretend it’s more diverse, right? NBC has tapped Gilmore Girls alum Lauren Graham to star in Kate on Later, a

comedy series in development focusing on the foibles of the first female late-night host. The show is being overseen by Ellen DeGeneres’ A Very Good Production company. Hey, it’s something, right?

## Make out like a Bandit with Burt Reynolds’ personalized muscle car

Want to own a piece of movie history? Well good news, because Burt Reynolds is looking to get rid of some stuff. His 1978 black Trans Am from the Smokey and the Bandit films is going up for auction next month along with a bunch of beauties from the Wellborn Muscledar Museum. This item in particular, personally owned by Reynolds, features portraits of his film alter ego embroidered into the headrests, a CB radio and the personalized licence plate BANDT22. Just



Burt Reynolds

don’t expect cops to look the other way if you’re going even a little too fast.

### Twitter



**@MarkRuffalo**  
Wouldn’t it be great to see Elizabeth Warren run for president in 2016?



**@josswhedon**  
I’m deep, ladies. Deep and dark. Dark and muggy. Stagnant and putrid. Misshapen and vengeful. Deciduous yet crunchtastic



**@realjeffreyyross**  
I can’t sit through “The Cosby Show” anymore but somehow “The Cosby Mysteries” still holds up.



## How-to

### Travel with a sense of adventure

Trafalgar.com's Liesa Bissett shares her best tips: 1. Keep a travel journal so you can share details of your trip with friends down the road. It will make a great reference.

2. Learn a few key phrases of the language of the countries you're visiting.

3. Research some of the stops on your itinerary in advance, so you know what places you might like to visit in your free time.

4. Pack a rechargeable battery charger for your phone to keep it functional for uploading pictures in real time.

5. Take a deck of cards. It's always cool to learn new card games from fellow travellers.

DOUG WALLACE/METRO

## Deal

### Cruises up to 73 per cent off

Windstar is offering up to 73 per cent off select cruises to the Caribbean, Tahiti and Asia until Dec.

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DOUG WALLACE/METRO



## Trend

### Hotel coffee culture

International hotel chain Le Méridien is amplifying its already burgeoning coffee-house atmosphere by hiring Dutch latte artist Esther Maasadam to be a global coffee ambassador. Starting with hotels in New Orleans, Vienna, Hong Kong and London, to name a few, Maasadam will create coffee art and help local Méridien baristas further hone their skills in the chain's busy Le Méridien Hubs.

DOUG WALLACE/METRO



### A New York City hotel fit for the future King

When the Duke and Duchess of Cambridge alight on New York next week, they'll be laying their heads at The Carlyle, a favourite among heads of state, celebrities, fellow royals and musical legends. A favourite of Prince William's late mother, Princess Diana, The Carlyle, part of The Rosewood Hotels and Resort group, is known as a New York institution and boasts an illustrious guest list including every U.S. president since Harry S. Truman, every one of whom called the spot their "unofficial" New York home, according to the hotel. In addition to the British monarchy, kings and queens of Denmark, Greece, Spain and Sweden have also stayed at the property. Located in Manhattan's Upper East Side, The Carlyle is known for its Art Deco influence, while its rooms are furnished in Louis XVI style. The royal couple will be in New York Dec. 7-9 to promote various charities. AFP

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# Five things to do when you're in San Juan

**Puerto Rico.** With a colonial flavour, warm temps and tasty food, what's not to love about this old city?

LAKSHMI  
GANDHI  
life@metronews.ca

With its cobblestone streets, ocean views and colourful buildings, the historic section of Puerto Rico's capital is among the most picturesque urban areas in the territorial U.S.

## Explore a fortress

Built in the 1700s to protect the city from invaders, Castillo de San Cristobal — sister fort to the more famous El Morro — is the largest Spanish fort in the Americas.

The National Park Service took it over from the army in the 1960s, and visitors can now explore the watchtowers.

Looking for a good selfie



Old San Juan boasts stunning views and colonial architecture. ISTOCK

opportunity? Johnny Depp filmed a memorable scene in *Pirates of the Caribbean: On Stranger Tides* at San Cristobal's entrance.

## Stroll off the beaten path

Located along the northern city wall of Old San Juan, La Perla is a historically un-

safe area now undergoing a facelift and worth a visit — although you may feel more comfortable going with a tour guide. The neighbourhood was initially created as a community for servants and former slaves, to keep them away from the city's centre. But today, La Perla,

which has stunning ocean views, is becoming known for its music and arts scene, with concerts held regularly.

Most tourists head to La Perla's Santa Maria Magdalena de Pazzis Cemetery, the final resting place of many of the island's most historic figures.

## Eat like a local

Put finding a tasty mofongo high on your must-eat list. The fried plantain dish is usually served with meat or fish. Order it at Café Puerto Rico (208 Calle O'Donnell).

Head into the Condado section of San Juan for something a little less traditional at Budatai, where you'll find a fusion of Puerto Rican and Asian flavours from Iron Chef contestant Roberto Trevino.

## New hotel option

Bringing the whole family for a warm weather vacay? Hyatt House, Puerto Rico's first extended-stay hotel, just opened in San Juan. The hotel features roomy suites with full kitchens and living rooms.

## Mind the furrier citizens

It's impossible to walk through Old San Juan without seeing the stray cats that call the neighbourhood home. Said to be the descendants of the felines that strolled Columbus' ships, the cats are synonymous with this section of the city.

## Bucket list

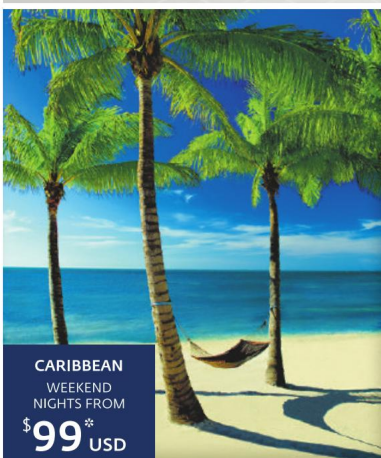


## Philadelphia, birthplace of America

Fans of Philadelphia's cheese steak sandwich will be happy to hear the city is enjoying a bit of a moment. On top of 300-year-old architecture and a rich history, Philly promises all the food and fun of New York with way better prices (and there's no sales tax on clothing). It's only 25 blocks from river to river, so it's an easy place to get around. The Italian Market is a real hub, the oldest open-air market of its kind in the U.S. The Philadelphia Museum of Art (pictured) houses more than 200,000 works spanning 2,000 years. Visit VisitPhilly.com. **TEXT:** DOUG WALLACE, **PHOTO:** B. KRIST/ VISIT PHILADELPHIA

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variation

# Martinique puts the magnifique in travel



**Fort Saint Louis is a working military fort located in Fort-de-France and only opened to the public this year. ISTOCK**

**French district.** The safest Caribbean island is rich in history and natural beauty

**KATHY BUCKWORTH**  
life@metronews.ca

"Martinique is not for tourists; it is for travellers," says our guide as we make our way through the winding, hilly roads of this French Caribbean island.

Martinique is to France as Hawaii is to the U.S. This island "outpost" is a district of France, and its approximately 400,000 inhabitants live under French law. Proud to have been anointed the safest Caribbean island in recent years, the island has a distinctive French flair which is uniquely blended with the island culture.

Peak travel times from Canada are December to March. Flights are direct from Montreal (Air Canada), or through Miami (American Airlines). The island is also busy during July and August, when the French take summer holidays. French is the official language of Martinique, with Creole as the unofficial, more casual language.

Most cruise lines visit Martinique, with Disney the latest to announce their Wonder ship will begin stopping there early 2016.

Entering Martinique is a

breeze compared to many Caribbean islands. Passport control is quick and easy and there is only one luggage belt. Upon leaving the airport, you can either rent a car, or take a "Collective Taxi." Many people rent as cars drive on the North American side, but due to the extremely hilly roads, it is recommended that you hire an automatic transmission car.

There is surprisingly only one resort chain in Martinique: Club Med, which established its first club here in 1969. Throughout the island there are locally owned, smaller hotels and boutique resorts, all of which have their own particular charm.

An additional option in Martinique is the over 500 units available for rental through Airbnb ([airbnb.com](https://www.airbnb.com)). There are many vacation home options available on the island.

There are fantastic natural and historic sites for families to visit, including Emerald Estates — a natural regional park opened just five years ago. Its goal is to preserve and promote the natural and cultural history and conservation of the island.

Fort Saint Louis is a working military fort located in Fort-de-France. Opened to the public for the first time in July, guided tours take visitors through the working fort, which was built originally in the 1600s, but expanded in the 1800s.

A special feature of the

**For more information...**

- Visit. martinique.org

fort is the hundreds of iguanas, who got their start on the island thanks to a zoo built in the fort in the 1950s. The zoo was dismantled, but 30 of the iguanas escaped and have continued to multiply.

No trip to Martinique is complete without trying the local specialties.

A spice mixture called Colombo is a blend of seven different spices and has the taste of a rich, milder curry. It is used predominantly on chicken, but you can also find it on shellfish and other dishes. Bite-sized fried cod fritters are a typical appetizer before a meal, and octopus is served frequently, either grilled or deep fried. Cod originally came to Martinique from Canada in return for sugar cane as part of a trade route. Thanks to the French influence, desserts are chocolate, whipped cream pastries and other confections.

There are 11 rum distilleries on the island, and of particular note is the Clement, where guests can stroll through displays, home-steads and working machinery, as well as inhale the scent of thousands of barrels aging rum, soaking in a big part of Martinique's history. Martinique, c'est magnifique.



# Take some time to assess your tardiness

**Career.** If you are constantly playing catch up with the professional clock, you may want to sort out your schedule

LAUREN  
MARINIGH  
TalentEgg.ca

Your morning alarm goes off — and before you know it, you've pressed snooze 12 times and you now have five minutes to get ready and get yourself to work.

You may have heard that there are three types of people: the ones who are always 10 minutes early, the ones who are always late, and the ones that show up just in the nick of time.

The truth is, anyone can easily be the type of person who is early or on time. It just takes a change in the factors that are always making you late to begin with.

Here are some tips that



Wouldn't it be nice to stroll to work for once, rather than speed? iStock

can help you be a more prompt person.

## Use technology

For chronically late people, setting alarms and/or reminders for everything in your phone and computer can make a big difference.

Even if you don't have trouble remembering engagements, being forced to

set an alarm creates a good opportunity for you to reflect on the amount of time you'll need to prepare and travel to your commitment.

Commit yourself to doing this for everything, and soon it will become second nature.

Tip: This may seem a little drastic, but you can try a

time-honoured solution and put your watch forward. If you're always 15 minutes late, set them 15 minutes ahead. This way when you glance at a clock, you'll mentally think you have to be somewhere now.

## Manage your commitments

Frequent lateness can also be a product of an over-stuffed schedule. Recognize that you aren't a superhero and can't do everything. When scheduling appointments, meetings and activities with friends, add extra time to each activity. Monitor how your estimates align with what actually happens.

You may find that you routinely underestimate particular activities more than others — noting these habits will help you compensate in the future.

Tip: Having trouble getting started? Begin by limiting the number of activities you take on in a given day, which may make it easier to

## Change your mindset

The mindset of chronically late people is usually: "I'm always late."

- That statement can lead to a complacent attitude. Start thinking about the rewards of being early. With less energy and time spent in a hurry (or apologizing), you'll likely find yourself less stressed. In turn, you'll be more collected and able to focus better, which means your productivity will increase.
- If it helps, think of promptness as a new skill you're working to develop. This will help you reframe ordinary activities as accomplishments, making the entire process more rewarding.

pinpoint where you're going wrong.

## Schedule for delays or plan to be early

If you live within a city, traffic can be a big problem. If you live in a less urban area, getting stranded by car trouble is always a possibility. Make sure to allocate this into your scheduling. Leave additional time in case there are delays with traffic

or public transportation.

You might find that your planning and time management skills are just fine — it's just transportation messing up your schedule.

Tip: Check social media or traffic and transit websites when you first wake up in the morning. If there's a delay, you can plan accordingly — and let people know in advance.

# A guru of gathering funds offers up his best tips

**Career.** Tony Robbins has released his first book since the 1990s

DAN  
SCHAWBEL  
Metro in New York City

Generating wealth is something that people don't like to openly talk about — especially in the current economy. One person who hasn't had that problem is Tony Robbins, the most prominent leader in the

self-help industry. The companies that Robbins has founded or partnered with have a combined annual sales of more than \$6 billion. Now Robbins is ready to explain how he gets things done with his new book *MONEY Master the Game: 7 Simple Steps to Financial Freedom*. Metro spoke to Robbins about some of the ideas and strategies he details in the book.

**What do Charles Schwab and Carl Icahn teach about creating wealth?**

What I learned that all of these

people have in common is that the greatest investors in the world are obsessed with never losing. Most investors are trying to win. Their view is no matter how smart they are, they're going to be wrong and they can't afford to lose, so knowing this they have a plan to protect themselves.

**How can a college graduate, with student debt, benefit from your action plan?**

The first step, of course, is to make sure you're paying the least amount of interest on your current debt. The second



Tony Robbins. CONTRIBUTED

step is to start automating a pattern for growing so that you can start tapping into compounded

growth and move from being a debtor to an owner of the world's greatest businesses.

## What are your top three pieces of career advice?

Number 1 is decide what matters to you most. Everyone is different. For some people what matters most is position and prestige. For some people it's money, and for others it's fun. For some people it's free time, for some people it's the ability to express their creativity unedited.

You've got to know what's most important to you. Sec-

ondly, everyone says, "Live your passion and the money will come."

This simply is not true. It's possible to live your passion and the money will come, but only if the way you live your passion adds more value to other people's lives.

In my case, I was able to find a way to have my passion and my work be one in the same. Third, if you're going to succeed, there's only one secret: Every day, work harder on yourself than anything else. If you keep growing, then you'll have something to give.



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# Enjoy spoonfuls of Tuscan inspiration

## Hearty Tuscan Soup.

You can make this simple dish on the stovetop or in your slow cooker



**DINNER EXPRESS**  
Emily Richards  
food@metronews.ca

As December hits, we often get lost in the bustle of holiday prep. But don't forget to feed yourself and your family in between trips to the mall.

Prepare ahead and do some grocery shopping so you have staples on hand to create hearty delicious dinners that you'll be able to make throughout the week.

Planning can be the hardest part, so sit down on the weekend and pick a few recipes that fit your budget and taste and make a gro-

cery list.

Then shop and stock your pantry and refrigerator for the week ahead.

There will be no excuse for not having dinner when you can put it together with what's already in the house.

Post the recipe of the day on your fridge so whomever gets home first can start chopping and getting things ready.

Preparation can also be the most difficult part of eating well and this time of year you want to continue doing that.

This soup is a great fit for using pantry staples.

As a bonus you can cook it in the slow cooker!

If you're making it in the slow cooker, combine all the ingredients in the slow cooker and cook on Low for six to eight hours or on High for three to four hours.

For a frozen vegetable option you can omit the frozen spinach and add two cups (500 ml) of your favourite frozen mixed vegetables.

### Ingredients

- 1 tbsp (15 ml) extra virgin olive oil
- 1 large onion, diced
- 2 carrots, diced
- 2 stalks celery, chopped
- 3 cloves garlic, minced
- 2 tsp (10 ml) dried oregano leaves
- 1 tsp (5 ml) dried basil leaves
- 1/2 tsp (2 ml) hot pepper flakes
- 1/2 cup (125 ml) brown rice
- 1 can (28 oz/796 ml) stewed tomatoes
- 3 cups (750 ml) sodium reduced chicken or vegetable broth
- 1 can (19 oz/540 ml) mixed beans, drained and rinsed
- 1 pkg (10 oz/300 g) frozen chopped spinach



This recipe makes eight servings. EMILY RICHARDS

**COOK TIME**  
ABOUT 40 MINUTES

1. In a soup pot, heat oil over medium heat and cook onion, carrots, celery, garlic, oregano,

basil and hot pepper flakes for about 5 minutes or until softened. Stir in rice to coat.

2. Add the tomatoes, chicken or vegetable broth, mixed beans and spinach; bring to

boil. Cover and simmer for about 35 minutes or until rice is tender.

# Curry and coconut milk comfort



This recipe serves eight. EMILY RICHARDS

Looking for something with a little twist for dinner tonight?

Why not try a little curry and coconut milk. These two ingredients can become staples in your kitchen and help to create flavourful and unique dishes that your family will love.

Check out this Curried Chicken soup that takes no time at all to make and is a surefire warmer upper for a cold winter's night.

This soup has a creamy texture from the rice and a delicate coconut and ginger flavour.

1. In a soup pot, heat oil over medium heat and cook onions, carrots and garlic for 5 minutes or until softened. Add curry and ginger and cook stirring for 1 minute or until well coated. Add rice and stir to coat.

2. Add stock, water and coconut milk and bring to a boil.

Add chickpeas and coriander, reduce heat and simmer for about 10 minutes or until rice is tender.

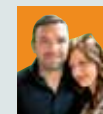
EMILY RICHARDS

### Ingredients

- 2 tsp (10 ml) vegetable oil
- 2 onions, chopped
- 2 carrots, chopped
- 3 cloves garlic, minced
- 1 tbsp (15 ml) curry powder or paste
- 1 tbsp (15 ml) minced fresh ginger
- 3/4 cup (175 ml) basmati rice
- 4 cups (1 L) sodium reduced chicken stock
- 1 cup (250 ml) water
- 1 cup (250 ml) light coconut milk
- 1 can (19 oz/540 ml) chickpeas, drained and rinsed
- 1/3 cup (75 ml) chopped fresh coriander or mint leaves

### Food around the world

## Thailand (vegan rating: 8/10)



**MEAT AND VEG**  
meatandvegontheroad.  
tumblr.com  
Photos: Suzi Staheli  
Words: Eoin Weldon

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.



**Veg:** On the island of Koh Phangan we found a peaceful beach sanctuary called Thong

Nai Pan Yai and Veg discovered a nearby vegan restaurant. Veg ordered Karmady, which was a colourful mix of marinated wakame, green onions, red peppers, cucumber, sunflower sprout, sunflower seeds, mixed herbs and sesame oil sauce.



**Meat:** This week's column should be called Veg & Veg because curiosity got the better of me and I ordered a vegan meal along with Veg. A delicious concoction called Yama has a spicy peanut sauce base and carried marinated tofu cubes, kale, spinach, green onions, marinated wakame, soy sauce and sunflower seeds.



### Three games, 13 points

## Ehlers named CHL player of the week

A week like that deserves an honour like this.

Thanks to a staggering 13 points in three games, Halifax Mooseheads' Nikolaj Ehlers has been named the Canadian Hockey League player of the week.

The first round draft pick of the Winnipeg Jets recorded five assists in a 6-3 road win over the Shawinigan Cataractes last Thursday, four goals and two helpers in a 8-5 win against the Rouyn-Noranda Huskies on Saturday, and a goal and an assist in a 6-4 road loss to the Val-d'Or Foreurs on Sunday afternoon.

METRO



Nikolaj Ehlers

METRO FILE

### Shake up

## Rainmen sign two, release another

The Halifax Rainmen are shaking things up, signing two players, releasing another.

The Rainmen have agreed to terms with former Kansas Jayhawks forward Kevin Young and Joel Munoz, a Panama international who recently played professionally in the Mexican national league.

To make room for the two, Halifax also announced that Mike Martin has been released. METRO

# Stars eclipsed by the up-and-coming Leafs

### Four wins in five.

Kessel ends five-game drought, Lupul nets two in a dominating Toronto performance

### Tuesday night

5

Leafs

3

Stars

Joffrey Lupul scored twice, Phil Kessel ended a five-game goal drought and the Toronto Maple Leafs kept rolling by beating the Dallas Stars 5-3 on Tuesday night.

Tyler Bozak and Nazem Kadri also scored for the Leafs (13-8-3).

Toronto has won for the fourth time in the past five games and hasn't lost at home since getting thrashed by the Nashville Predators on Nov. 18.

Since back-to-back losses by a combined score of 15-4, the Maple Leafs have outscored opponents 23-12.

In that time, the Leafs have picked up nine of a possible 10 points.

Goaltender Jonathan Bernier, making his sixth straight start, stopped 35 of 38 shots he faced for his ninth victory of the season.

Kari Lehtonen gave up five goals on 40 shots. But the Dallas keeper made several saves to keep the game from being an even more lopsided result.

Former Ottawa Senators captain Jason Spezza, Ryan Garbutt, back from a two-game suspension for kneeling Edmonton's Taylor Hall, and ex-Oilers winger Alex Hemsky scored for the struggling Stars (9-11-5).

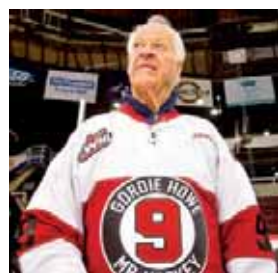
Dallas lost its third straight game.

THE CANADIAN PRESS



Jason Spezza of the Dallas Stars gets a shot on Jonathan Bernier of the Toronto Maple Leafs at the Air Canada Centre on Tuesday in Toronto. Bernier made 35 stops out of 38 shots. CLAUS ANDERSEN/GETTY IMAGES

## Mr. Hockey. Howe suffers a third, 'significant' stroke



Gordie Howe

THE CANADIAN PRESS

Hockey Hall-of-Famer Gordie Howe has suffered his third stroke since late October and was hospitalized early this week, his daughter said Tuesday.

Cathy Purnell said her father suffered a "significant stroke" on Monday. Howe was stable and "a little bit alert" Tuesday morning.

"He's a fighter," Purnell said. "The man is tough. He has this will to keep going, all

things considered."

The man known as "Mr. Hockey" set NHL marks with 801 goals and 1,850 points, mostly with the Detroit Red Wings, records later broken by Wayne Gretzky.

Purnell said therapists who have been tending to Howe arrived at her house Monday morning and discovered him nonresponsive in bed. Howe remained that way until evening, when Purnell said he recognized family members once he was alert.

Howe suffered what his children called a serious stroke in late October and another in early November.

"It scares the daylight out of me," Purnell said, adding that she told him Monday night to "stop pulling these games on me. He gave me a smile. His sense of humour is intact."

THE ASSOCIATED PRESS

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4 SPORTS

## 2014-15 Mazda CX-5

- **Type.** Four-door, front- or all-wheel-drive compact SUV
- **Engines.** 2.0-litre four-cylinder (155 hp); 2.5-litre four-cylinder (184)
- **Transmissions.** Six-speed automatic (six-speed manual available with 2.0-litre)
- **Price.** \$22,995 base, \$28,795 as-tested

## Market position

The CX-5 replaced Mazda's CX-7, a slightly larger and much heavier model that offered a thirstier turbocharged engine. The more fuel-efficient CX-5 is far better positioned in a crowded segment where mileage is an important consideration for buyers.

## Points

- Mazda has added SkyActiv fuel-saving technologies on its vehicles as they are updated, but the CX-5 is the first model to get all of them.
- An auto-brake system that applies the brakes if the SUV is about to hit another vehicle can be optioned on the GT.
- The GS and GT rear seat folds 40/20/40, so you can carry long items and still have room for two passengers.



Rear seats are spacious and fold 40/20/40 on higher-trim models.

## Interesting features

Available bi-xenon headlamps, rain-sensing wipers, navigation, Bluetooth with text message function, blind-spot monitoring system, and a crash-avoidance auto-braking system.

# Add pepper for extra sizzle

PHOTOS: JIL MCINTOSH



**Review.** Peppy 2.5-litre engine makes Mazda CX-5 much more fun to drive than with base 2.0-litre powerplant

JIL  
MCINTOSH  
drive@metronews.ca

Fuel economy is an essential consideration in a vehicle, but it has to be balanced with performance. Mazda discovered that the hard way when it introduced its CX-5 with a 2.0-litre engine that sipped fuel but could be sluggish, especially in heavy traffic.

That engine is still available, but Mazda has now added a peppier 2.5-litre four-cylinder that is still efficient (I averaged 9.9 L/100 km in cold weather), but makes it far nicer to drive.

For 2015 models, the base GX still uses the 2.0-litre, in front- or all-wheel drive, starting at \$22,995. The mid-range GS uses the 2.5-litre and comes in FWD or AWD. My AWD GS tester rings in at \$30,895.

You can also get the GT, which comes in AWD only, starts at \$33,495, and adds such features as leather upholstery and dual-zone climate control.

The bigger engine makes 184 horsepower, which is almost 30 more than the



The controls are easy to use, but the start button is hidden behind the wiper stalk.

2.0-litre. The CX-5 also has all of Mazda's SkyActiv technology, which includes direct gas injection, lightweight construction and optimized transmission performance for better fuel economy.

Mazda is known for its

sporty handling, and the CX-5 delivers, with quick response and pleasantly light steering. There's none of the tiring over-eagerness some sportier models can exhibit.

The interior offers comfortable seats, with three-stage

## Compare



**1 Volkswagen Tiguan**  
Base price: \$24,990  
A turbocharged 200-hp engine, elegant cabin, and smooth handling make this a great machine.



**2 Nissan Juke**  
Base price: \$19,998  
It's not pretty, but it's a great driver, thanks to an available and very sophisticated AWD system.



**3 Mitsubishi RVR**  
Base price: \$19,998  
Compact and efficient, the RVR boasts many features and an impressive warranty.

heating and power driver's adjustment, and the rear chairs are roomy and fold flat for extra cargo space.

I like the heater's simple dial controls, and the stereo is easy to use. But the engine start button is wedged in behind the wiper stalk where it's tough to reach, and only the driver's window button is backlit, so at night you have to fumble to find the lock buttons and mirror switch.

Of course, some drivers may prefer the smaller engine, so test-drive it in case it is the one for you. But if it leaves you wanting more, take out the GS or GT models with their larger powerplant. I think you'll be pleasantly surprised.



# European flair recharges stodgy van scene

**Autopilot.** Traditional North American panel vans are being kicked to the curb by stylish and practical Euros



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

A new breed of Eurocentric models has suddenly taken over the panel van scene.

The Scooby Doo gang is still sticking with its old-school Mystery Machine. But most other full-size van users, particularly those who need them for business, have been thrilled to make the switch to the new styles.

And who could blame them? The traditional panel van, as designed and built by GM, Ford and Chrysler, has barely changed in basic proportions and structure since the 1960s — heavy body-on-frame construction, one-size roof that makes it hard to

stand up inside, poor fuel efficiency and handling, etc.

The new vans from Asia and Europe come from designs prioritized more for commercial use.

Dodge stopped making its Ram van years ago. As Ford's E-Series (a.k.a. Econoline) heads into its third decade, it is now only available as a heavy-duty chassis cab cut-away. GM's Savana/Express combo is still around but, starting in 2015, will only be available in heavy-duty versions — no more light-duty 1500 series.

These vans have all been replaced, or soon will be, by models and designs sourced from other world markets, where they have already proven their worth.

See the fact box for a full list, but a special nod has to go to the Mercedes-Benz Sprinter, which started this new wave back in 2004, when it was first sold here as a Dodge model.

It came at a premium price but convinced everyone it was the way to go, with its efficient diesel powertrain,



Ram's new ProMaster City compact van will be available in both cargo and passenger configurations. CONTRIBUTED

and its greater flexibility and utility. The taller and longer Sprinter offered several wheelbase and roof-height configurations to fit just about any application. They are also easier to outfit and load, and drive better.

And you can stand up

inside! If you're in and out of the van all day, that's a huge benefit to human efficiency and neck muscles.

Of course they haven't been put through the wringer of popular culture, like the old-style vans have for decades. I'm not sure these

new ones lend themselves to hot-rodding and customizing and personalizing, so we may be losing a cool vehicular canvas.

But fewer people are into that these days, and nothing lasts forever. Onward and upward.

## Van evolution

The wave of Euro vans started in 2004, but really took off this year.

- Dodge Sprinter, 2004, rear-wheel-drive, full-size
- Ford Transit Connect, 2010, FWD compact
- Nissan NV, 2012, RWD full-size
- Nissan NV200, 2013, FWD compact
- Ram ProMaster, 2014, FWD full-size
- Ford Transit, 2015, RWD full-size
- Ram ProMaster City, 2015, FWD compact
- Chevrolet City Express, 2015, FWD compact
- Mercedes-Benz Citan, 2015, FWD compact

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Security expert Chris Valasek at the L.A. auto show. THE ASSOCIATED PRESS

## Technology. As our cars move further online, they become more vulnerable to evil computer hackers

Against the team of hackers, the poor car stood no chance. Meticulously overwhelming its computer networks, the hackers showed that, given time, they would be able to pop the trunk, start windshield wipers, cut the brakes or lock them up, and even kill the engine.

Their motives were not malicious. These hackers worked

on behalf of the U.S. military, which along with the auto industry is scrambling to fortify the cyber defences of commercial cars before criminals or terrorists penetrate them.

"You're stepping into a rolling computer now," said Chris Valasek, who helped catapult car hacking into the public eye when he and a partner revealed

last year they had been able to control a 2010 Toyota Prius and Ford Escape by plugging into a port used by mechanics.

Automakers are betting heavily that drivers will want Internet-enabled vehicles that can stream movies and turn dictation into email. The U.S. government wants cars to send each other electronic messages

warning of dangers on the road. In these and other connections, hackers see opportunity.

The goal is more than just to plug vulnerabilities — it is to reconceive the most critical lines of computer code that control the car in a way that could make them invulnerable to major threats.

THE ASSOCIATED PRESS

## Safety. Toyotas will talk to each other and the road

Toyota is planning to roll out vehicle-to-vehicle and vehicle-to-infrastructure communication systems on new models as early as next year, as a high-tech way to reduce congestion and collisions.

If a car is able to 'talk' to road infrastructure, it knows how many seconds or minutes remain before a set of traffic lights change from red to green, for instance — so the car can match its speed accordingly — but can also learn how heavy the flow of traffic is and if something is approaching along a road that is obscured from view.

Toyota's system will connect to the Integrated Traffic System (ITS) services used by governments for monitoring traffic flows and other data, and so will be able to access above-road sensors that measure traffic density or whether vehicles are approaching intersections.

The system will add to cars' existing radar and camera capabilities for collision avoidance, as will the ability for cars to communicate directly with each other.

Toyota is not the only company racing to add this feature to its range — every major manufacturer is also developing the technology for their future models and it's easy to understand why. If cars can alert other vehicles of their presence, then there are no blind spots when driving, there is little risk of pulling out of an intersection and into the path of an oncoming van, and congestion can be reduced and even eliminated by rerouting journeys or slowing cars down.

The new features are expected on new Toyotas sold in Japan initially but will roll out to new cars in North America and Europe by 2017.

AFP



Starting next year, new Toyota models will be able to communicate with other cars and the highway infrastructure to improve safety. AFP



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# Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps

## Cadillac will extend electric-vehicle options

GM's luxury division has several plug-in vehicles planned for the near future as it gets solidly into the electric game. In the planning stages now is an all-electric sedan to join the updated Cadillac ELR range-extended luxury coupe for 2016. A plug-in hybrid model of the upcoming CT6 large sedan will follow. Further down the road, Cadillac will have a successor to the ELR (its first electrified product) using the Volt electric drive system with gasoline range extender, and might offer it as a sedan. Cadillac CEO Johan de Nysschen told Reuters the new electric sedan is part of a plan to expand the Cadillac brand's arguably limited model range.

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With negligible sales of the Cadillac ELR, if the company wants to build more electric vehicles, something different will have to be done to get some volume going.

## Combine the S with a D to get power on par with a Porsche 911

Tesla CEO Elon Musk has unveiled a performance upgrade package for the Model S that could further change the perception electric vehicles are slow and stodgy. The D upgrade transforms the Model S "from a mere groundbreaking electric car into something even more remarkable," reports The Car Connection website. With an extra motor added to the sedan's front axle, the drivetrain shifts to four-wheel drive from standard two-wheel drive in milliseconds, cutting the car's zero-to-60-mph (96 km/h) time to an eye-watering 3.2 seconds, matching the 2014 Porsche 911 Turbo. The package also makes the car more efficient, increasing the range of both the standard Model S and the premium higher-powered P85 model.



A performance upgrade package for the Tesla Model S puts the electric sedan on par with sports cars such as the Porsche 911 Turbo. Of course, the Tesla does so without tailpipe emissions and seats up to seven people.

## Electric goes better with Coca-Cola

Eager to increase the fuel efficiency of its massive fleet of commercial delivery and service vans, Coca-Cola is testing a growing fleet of Chevrolet Express 3500 vans retrofitted with aftermarket hybrid kits, and says it has found them satisfactory. After starting with 103 hybrid vans at the start of this year, Coke plans to add another 140 in 2015, according to AutomotiveFleet.com.



Coca-Cola has been converting its fleet of trucks to hybrid electric.

## BMW is testing a bright new idea for electric cars

One of the biggest issues facing owners of electric vehicles is a lack of charging stations. But the MotorAuthority website suggests the basis for an expanded network is already in place, in the form of street lights. As part of a pilot program, BMW has installed two of what it calls light and charge units in front of its Munich offices. Drivers are able to plug in and pay by using a smartphone app.

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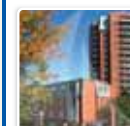


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## Horoscopes by Sally Brompton

### Aries

**March 21 - April 20**

Your emotions may fluctuate today but nothing bad will come of it as long as you refuse to attach too much importance to the way you feel.

### Taurus

**April 21 - May 21**

If someone has been taking advantage of your good nature, you must cut them out of your life. They will see you are serious and will come back begging for your forgiveness.

### Gemini

**May 22 - June 21**

Your present location may seem exactly right for you but when Mars changes signs tomorrow new options will present themselves and you will start to think about making a move.

### Cancer

**June 22 - July 23**

You may not feel at home with a certain group of people but what you learn from them will make other areas of your life so much easier to deal with. You are about to gain a new perspective on an old problem.

### Leo

**July 24 - Aug. 23**

Focus your mind on partnerships and you will find there is plenty to be positive about. A relationship is about to enter a more passionate phase.

### Virgo

**Aug. 24 - Sept. 23**

The task you have to set for yourself may seem daunting but it is only your negative attitude that makes it so.

### Libra

**Sept. 24 - Oct. 23**

If you hope for the best today, you will get it. What you need to realize is that you always attract into your life the kind of luck you think you deserve.

### Scorpio

**Oct. 24 - Nov. 22**

Don't deny yourself anything over the next 24 hours. If you crave something let yourself have it. There may be a touch of guilt involved but that will only add to your enjoyment.

### Sagittarius

**Nov. 23 - Dec. 21**

You can find it hard to apply yourself to routine tasks and that will be even more of a problem than usual today and tomorrow. If you feel the need to get out into the world and explore then do so.

### Capricorn

**Dec. 22 - Jan. 20**

Attitude is everything today and if you approach a troublesome situation in a negative frame of mind you will probably find yourself on the losing side.

### Aquarius

**Jan. 21 - Feb. 19**

Mars, planet of energy and ambition, moves into your sign tomorrow, so start thinking about what you would like to change in your life because you will soon get the chance.

### Pisces

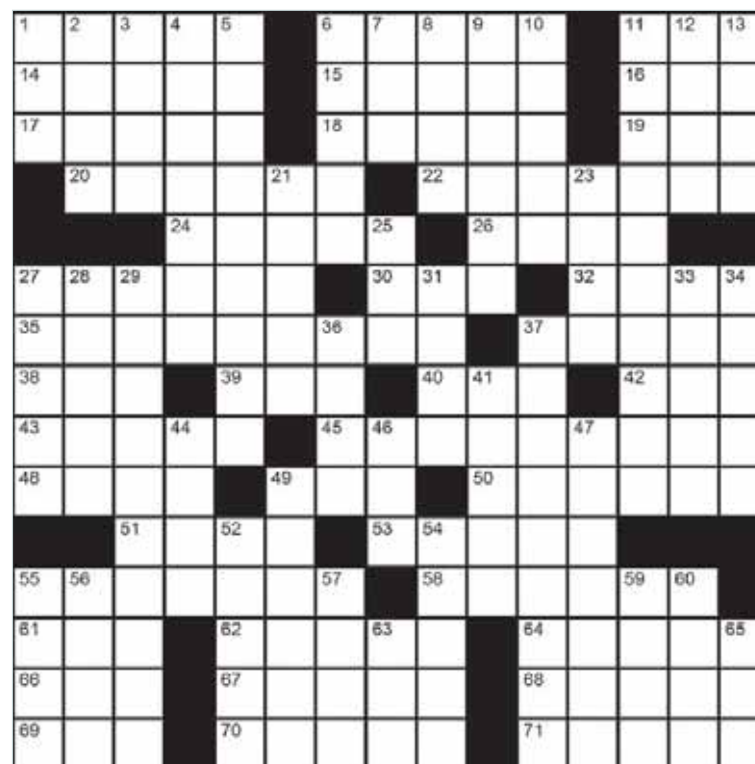
**Feb. 20 - March 20**

Are your expectations realistic? Think about it because over the next few days your goals are sure to be challenged.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Odyssey's prequel
6. Canadian actress Ms. Reid
11. Winnipeg Jets home, \_\_\_ Centre
14. Actress Ms. Gaynor
15. Lend \_\_\_ (Listen): 2 wds.
16. Ottawa, e.g.
17. Rockies toppers
18. Resulted in: 2 wds.
19. Quid Quo link
20. Rascal \_\_\_ (Country band)
22. #50-Across accessory: 2 wds.
24. "The Rare \_\_\_"
26. "\_\_\_ vidi, vici."
27. \_\_\_ de justice (Montreal courthouse)
30. \_\_\_ v. Wade
32. Clair
35. It's wheely fun at the gym: 2 wds.
37. Ms. Blair
38. Mr. Linden
39. Mr. Bachman
40. Musical note
42. Li'l lengths
43. Citric, and others
45. Ontario: \_\_\_ Island (Attraction on Georgian Bay)
48. "What are \_\_\_ do then?"
49. Sheep's sound
50. Mr. Snowman
51. Conceal
53. Little write-up
55. Fighting punch:



2 wds.

58. Cover stories
61. Helios' 'H'
62. Symbols
64. It shines brightly in Cygnus
66. Q. "What goes before 'E' except after 'C'?" A. "\_\_\_ '\_\_\_"

67. Musical group of nine
68. Musical grinder
69. Way out
70. Eats at
71. Spiral-horned antelope

**Down**

1. Pixie

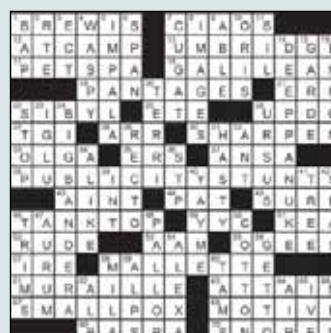
2. Poet's 'willingly'
3. Romance lang.
4. "Harry Potter and the Prisoner of \_\_\_" (2004)
5. City zones
6. Made up
7. 'Alp' suffix
8. Brit. word/refer-

ence works

9. "O Canada! / Our home and \_\_\_ land!"
10. Have \_\_\_ in the movie
11. Winnipeg: \_\_\_ Street Station Casino
12. Scarlett's home
13. Detect

21. 'Mechanical Resonance' band
23. Bendable leg region
25. Pros on CTV's "Saving Hope"
27. "Yeah, right!"
28. Rapidly
29. Concert tour for female musicians founded by Sarah McLachlan: 2 wds.
31. Winter Olympics city in 1952
33. "Are too!" comeback: 2 wds.
34. Wicked
36. A, in communications
37. Community in western Manitoba
41. Atrocious
44. DIY = \_\_\_ Yourself
46. Sci. workplace
47. Joni Mitchell's "Raised on \_\_\_"
49. Lighthouse
52. Nightclub music gig
54. Holds up
55. Toronto hockey player
56. Poem by Matthew Arnold, Empedocles on \_\_\_
57. \_\_\_ fide
59. Ms. Swenson of "Benson"
60. Heidi Klum's ex
63. NYC part
65. Passed in 1867, it made Canada [acronym]

## Yesterday's Crossword



## Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



## Conceptis Sudoku by Dave Green

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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